

Grass Fed Lamb Prices

Cut	Approximate Weight	Price/pound
<i>ground</i>	1 lb	\$11.00
<i>stew meat</i>	1 lb	\$11.00
<i>shoulder roast (boneless)</i>	1-2 lb	\$10.25
<i>leg of lamb (bone-in)</i>	2-3 lb	\$10.50
<i>riblets</i>	2 lb	\$9.50
<i>sirloin chops</i>	1 lb	\$13.00
<i>rib chops</i>	0.5 lb	\$14.00
<i>loin chops</i>	0.5 lb	\$15.25
<i>rack of lamb</i>	2 lb	\$18.00
<i>bones</i>	1-3 lb	\$4.00
<i>heart</i>	1 lb	\$4.00
<i>kidney</i>	0.5 lb	\$4.00
<i>liver</i>	1 lb	\$4.75
<i>shanks</i>	2 lb	\$6.00
<i>tongue</i>	1 lb	\$7.25